Coverage for: Individual/Family Plan Type: Deductible HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.communitycarehealth.org or by calling 1-559-724-4995. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-559-724-4995 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$750 Individual / \$1,500 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and the other services listed in the "What you will pay" column of the chart starting on page 2, indicates services covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for a specific service.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$6,500 Individual / \$13,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayment for certain services, premiums, balancing-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See  www.communitycarehealth.org or call 1-559-724-4995 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

O Madical E ( O Var. Mar.		What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Primary care visit to treat an injury or illness	\$30 / visit, <u>deductible</u> does not apply	Not covered	None
If you visit a health care provider's office or clinic	Specialist visit	\$60 / visit, <u>deductible</u> does not apply	Not covered	Referral is required. This plan will pay some or all of the costs to see a specialist for covered services, but only if you have a referral before you see the specialist. Preauthorization may be required for some procedures and services provided by specialists, but is not required for the specialist visit itself.
	Preventive care/screening/ immunization	No Charge, <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	X-ray: \$100 / encounter, deductible does not apply Lab test: \$40 / encounter, deductible does not apply	Not covered	None
	Imaging (CT/PET scans, MRIs)	\$300 / procedure	Not covered	None
If you need drugs to treat your illness or condition More information about	Generic drugs	Retail: \$10 / prescription Mail order: \$20 / prescription, deductible does not apply	Not covered	Up to a 30-day supply (retail prescription); 90-day supply (mail order prescription). Subject to formulary guidelines.

	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
prescription drug coverage is available at www.communitycareheal th.org	Preferred brand drugs	Retail: \$45 / prescription Mail order: \$90 / prescription, deductible does not apply	Not covered	Up to a 30-day supply (retail prescription); 90-day supply (mail order prescription). Subject to formulary guidelines.
	Non-preferred brand drugs	Retail: \$75 / prescription Mail order: \$150 / prescription, deductible does not apply	Not covered	Up to a 30-day supply (retail prescription); 90-day supply (mail order prescription). Subject to formulary guidelines.
	Specialty drugs	20% <u>coinsurance</u> , up to \$250 per <u>prescription</u> , <u>deductible</u> does not apply	Not covered	Up to a 30-day supply (retail prescription). Subject to formulary guidelines.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$600 / procedure	Not covered	Preauthorization is required.
surgery	Physician/surgeon fees	No Charge, <u>deductible</u> does not apply	Not covered	None
	Emergency room care	\$400 / visit	\$400 / visit	Copayment waived if admitted to hospital as inpatient.
If you need immediate medical attention	Emergency medical transportation	\$250 / trip	\$250 / trip	None
	Urgent care	\$30 / visit, deductible does not apply	\$30 / visit, deductible does not apply	Non- Plan Providers covered when temporarily outside the service area.
If you have a hospital	Facility fee (e.g., hospital room)	\$600 / day (up to 5 days)	Not covered	Preauthorization is required.
stay	Physician/surgeon fees	No Charge, <u>deductible</u> does not apply	Not covered	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$30 / individual visit;  deductible does not apply \$30 / individual visit for other outpatient services visit, deductible does not apply	Not covered	Mental / Behavioral Health/ Substance Abuse \$15 / group visit, deductible does not apply
2.3400 001 11000	Inpatient services	\$600 / day (up to 5 days)	Not covered	None

A		What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you are pregnant	Office visits	No Charge, <u>deductible</u> does not apply	Not covered	Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	No Charge, <u>deductible</u> does not apply	Not covered	None
	Childbirth/delivery facility services	\$600 / day (up to 5 days)	Not covered	None
	Home health care	No Charge, <u>deductible</u> does not apply	Not covered	Up to 2 hours / visit, up to 3 visits per day / up to 100 visits per benefit year.
If you need help recovering or have	Rehabilitation services	Outpatient: \$30 / visit, deductible does not apply	Not covered	None
	Habilitation services	Outpatient: \$30 / visit, deductible does not apply	Not covered	None
other special health needs	Skilled nursing care	\$300 / day (up to 5 days)	Not covered	Up to 100 days limit / benefit period
necus	Durable medical equipment	20% <u>coinsurance</u> , <u>deductible</u> does not apply	Not covered	Preauthorization is required.
	Hospice services	No Charge, <u>deductible</u> does not apply	Not covered	Preauthorization is required.
If your child needs dental or eye care	Children's eye exam	No Charge, <u>deductible</u> does not apply	Not covered	Coverage limited to one exam/year.
	Children's glasses	No Charge, <u>deductible</u> does not apply	Not covered	Limited to one pair of glasses / year from select frames and lenses.
	Children's dental check-up	No Charge, <u>deductible</u> does not apply	Not covered	Limited to two check-ups / year.

### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adults)
- Hearing Aids

- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
  - Routine eye care (Adult)
  - Routine Foot Care
  - Weight Loss Programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion

- Acupuncture (plan provider preferred)
  - Bariatric Surgery

Chiropractic Care

Infertility Treatment

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

Community Care Health Plan	1-559-724-4995 or www.communitycarehealth.org
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3273) or www.dol.gov/ebsa/healthreform
Department of Health & Human Services, Center for Consumer Information & Insurance	1-877-267-2323 X61565 or <u>www.cciio.cms.gov</u>
oversight	
California Department of Insurance	1-850-927-HELP (4357) or www.insurance.ca.gov
California Department of Managed Health Care	1-888-466-2219 or <u>www.healthhelp.ca.gov/</u>

## Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-559-724-4995.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-559-724-4995.

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-559-724-4995.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-559-724-4995.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1146. The time required to complete this information collection is estimated to average 0.08 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$60
■ Hospital (facility) copayment	\$600
Other (blood work) copayment	\$40

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$750	
<u>Copayments</u>	\$1,300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,110	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$60
■ Hospital (facility) copayment	\$600
Other (blood work) <u>copayment</u>	\$40

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$1,200	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,420	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$750
■ Specialist copayment	\$60
■ Hospital (facility) copayment	\$600
Other (X-ray) copayment	\$100

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$750	
Copayments	\$1,100	
Coinsurance	\$50	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,900	